

**Mental Health Evaluation/Treatment Request**

To: Nueva Vida Behavioral Health Associates, 9500 Tioga Dr., SATX 78230 (Fax #855-616-0829)

Re: Patient's Name: \_\_\_\_\_  
Date of Injury: \_\_\_\_\_  
Claim #: \_\_\_\_\_

This form requests mental health evaluation/treatment for the above patient. Please provide Nueva Vida with your evaluation report of his/her current psychological functioning related to the following concerns:

- \_\_\_\_\_ AGITATION
- \_\_\_\_\_ ANXIETY
- \_\_\_\_\_ SIGNIFICANT MENTAL STRESS
- \_\_\_\_\_ DEPRESSION
- \_\_\_\_\_ POST TRAUMATIC STRESS DISORDER
- \_\_\_\_\_ MENTAL CONFUSION-including disrupted through process in attention, concentration, memory, and/or problem solving
- \_\_\_\_\_ PHYSICAL/SOMATIV SYMPTOMS OR PSYCHOPHYSIOLOGICAL SYMPTOMS RELATED TO PATIENT AFFECT AND STRESS STATE-including multiple vague physical symptoms, tension headaches, high blood pressure, headaches/mixed, sleep disturbance, etc.
- \_\_\_\_\_ SELF-DESTRUCTIVE THOUGHTS OR SUICIDAL IDEATION
- \_\_\_\_\_ SLEEP DISTURBANCE
- \_\_\_\_\_ SUICIDAL IDEATION
- \_\_\_\_\_ ERECTILE/SEXUAL DYSFUNCTION
- \_\_\_\_\_ ALTERATION IN BLADDER/BOWEL FUNCTION

**The following concerns address the patient's mental status having an adverse impact on his/her ability to participate in, or respond to appropriate medical treatment.**

- \_\_\_\_\_ ALCOHOL USE
- \_\_\_\_\_ DEFICIT OR LACK OF MOTIVATION AND EFFORT
- \_\_\_\_\_ DIFFICULTY PARTICIPATING IN APPROPRIATE REHABILITATION EFFORTS
- \_\_\_\_\_ EXCESSIVE HEALTH CARE-persistent, excessive use of health care system or excessive inappropriate seeking of diagnostic testing/surgical intervention
- \_\_\_\_\_ EXCESSIVE SYMPTOMS
- \_\_\_\_\_ HOSTILE/RESISTENT BEHAVIOR-hostile or disgruntled patient behavior externalized to others, secondary to pain
- \_\_\_\_\_ MEDICATION COMPLIANCE DIFFICULTIES
- \_\_\_\_\_ MEDICATION MISUSE
- \_\_\_\_\_ NEUROPSYCHOLOGICAL/HEAD INJURY
- \_\_\_\_\_ NEUROFEEDBACK TREATMENT
- \_\_\_\_\_ PAIN COMPLAINTS-patient's pain extends beyond the primary intervention phase (0-3 months) with continued, significant impairment in daily functioning and failure to return to work and/or progress adequately in health care treatments
- \_\_\_\_\_ POST TRAUMATIC STRESS DISORDER EVALUATION/TREATMENT
- \_\_\_\_\_ SYMPTOM EXAGGERATION AND/OR MALINGERING
- \_\_\_\_\_ TREATMENT PLANNING-regarding need for mental health treatment or comprehensive rehabilitation/pain management program/surgical intervention
- \_\_\_\_\_ VOCATIONAL EVALUATION/PLANNING/WORK HARDENING PROGRAM
- \_\_\_\_\_ SURGICAL CLEARANCE      \_\_\_\_\_ Trial Spinal Cord Stimulator  
  \_\_\_\_\_ Intrathecal Pump  
  \_\_\_\_\_ Orthopedic Surgery
- \_\_\_\_\_ SOCIAL SERVICE NEEDS (specify) \_\_\_\_\_

\_\_\_\_\_  
Doctor's Signature

\_\_\_\_\_  
Date